## Library Discount Club Bonus Classes

Your Library Discount Club Membership includes access to all of our past classes. You can see all of them in your Learning Portal. These are the past classes available for you to view:

Date	Class Topic	Description of Class	Link to Library
May 2022	Cord Cutting & Chakra Repair	Understand how this set of frequencies helps to clear unhealthy attachments with these cord clearing frequencies. Feel lighter and more of a sense of being present in the moment	Cord Cutting & Chakra Repair
April 2022	Ayurveda & Marma Energetics	Learn about the energetic centers of the body and how they can be accesses to maximize your state of health	Ayurveda & Marma Energetics
March 2022	Complete Body Tune-Up	Send energy to the specific places in the body that need healing the most. Includes powerful affirmations and Rife frequencies to achieve optimized wellness	Complete Body Tune-Up
February 2022	Vitality Codes	Work with Chinese Tonic Herbs, Superfoods, Mitochondrial Nutritional Remedies and more to maximize energy and a sense of vitality	Vitality Codes
January 2022	I-Ching Hexagrams: Ancient Knowledge for Transformation	The I Ching is a powerful system to help you learn about yourself. Discover the wisdom in the I-Ching frequencies as well as which messages are resonating for you today	I-Ching Hexagram: Ancient Knowledge for Transformation
December 2021	Kidney Bladder Tonify + Tune-Up	Restore and balance kidney energy with these frequencies. Work on Kidney Jing, Kidney Wellness and Bladder Wellness including frequencies for the pelvic floor	Kidney Bladder Tonify Tune-Up
October 2021	Deep Relaxation, Fascial Release + Uplift	Frequencies for muscle relaxation as well as promoting calming and anxiety	Deep Relaxation and Fascial Release
September 2021	Radiant Skin + Vibrant Beauty	Frequencies designed to support the skin to look your very best!	Radiant Skin + Vibrant Beauty
August 2021	Energy Flow Activation Frequencies	Includes elements around increasing energy including Superfoods, mitochondria, Chinese Herbal Tonics and more	Energy Flow Activation
July 2021	Chinese Medicine + Flower Essences - Part 1	Flower Essences are related to Chinese Medicine Meridians. Learn about the connections.	Chinese Medicine & FlowerEssences
June 2021	Peptides: Powerful Short Chain Amino Acids	Peptides are powerful allies in the quest for anti-aging. Learn how these short	Peptides: Revitalization Frequencies

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		chain amino acids can support the production of Growth Hormone + more	
May 2021	Histamine Harmonization Program	Elevated histamine levels may affect digestion, allergies and more. Do you experience chronic bloating? Histamine levels may be part of the issue. Learn about histamine in this class as well as how to best use this library.	Histamine Harmonization Program
April 2021	Root Cause - What is the cause of the issue	The most powerful way to work as a healer is to find the root cause to the issue. See the high reds and low blues in this library to learn more about the energetic root cause of the issue.	Root Cause: Discover the Root Cause
March 2021	Body Repair Codes - Total Body Regeneration	Work globally on many areas of wellness at one time. Pinpoint the energetic weak spots and much more.	Body Repair Codes: Total Body Regeneration
February 2021	Ketosis Activation Program	Want to experience the power of ketosis through frequencies? Learn about the potential changes of a ketosis diet and much more	Ketosis Activation Program
January 2021	New Beginnings Library Series	Ready for a powerful shift in your life? Create a great reset and a powerful New Beginning with these frequencies!	New Beginning Series
December 2020	Thyroid Reboot Class 1	Learn about the physiology of the thyroid, thyroid imbalances as well as how these frequencies can be used with your Genius.	Thyroid Reboot + Metabolic Reset Program
	Thyroid Reboot Class 2	Learn about the physiology of the thyroid, thyroid imbalances as well as how these frequencies can be used with your Genius.	Thyroid Health Erequency Series